

SUNDAY LEAGUE - WATFORD – Sunday, 19 February

Cassiobury Park. Start time 10:30am

The start will be in the middle of the park, with the finish situated near the top of the park. Temporary toilets will be available near the finish. Meeting point and team tents at the finish and jog to the start, c.5 mins away. Apart from the changes to the start and finish locations the course will be as in previous years; two laps in the wood plus an out and back section. The course will be marked and marshalled.

The course comprises of tracks, woodland paths and parkland grass. There is a short section of tarmac over the canal and River Gade bridges, both out and on the return leg.

Start: What3Words: wool.crisis.mobile

Finish: flame.parks.cling

Car Parking.

There are car parks in the town and also The Avenue car park (spend.manage.fully) WD17 4NR. There is parking available on local roads but please be considerate to local residents.

Public Transport.

The Metropolitan Line will be working but there is no Overground between Euston and Watford Junction. The mainline from Euston will be working unless there is strike action.

Toilets.

Temporary toilets will be available at the finish. There are also toilets in the park at the Hub, which near the paddling pools. The Hub is close to the start. The Cha Café is closed and the toilets there are not available.

Refreshments.

At West Herts Sports Club: (branch.smile.belly) 8 Park Avenue, WD18 7HP. We have the function room booked where hot drinks and food can be purchased.

We wish you all a great run.

Colin Taylor, Watford Joggers