

SUNDAY LEAGUE CROSS COUNTRY - STEVENAGE

Fairlands Valley Spartans invite you to the fourth fixture of the 2023/2024 Season on:

SUNDAY 17th DECEMBER, starting at 10.30 am.

Location: Fairlands Valley Park, Stevenage

Time: 10.30am start

Course: 4.9 miles/8K of park land. The course is a **three** lap course around the Showground side of Fairlands Valley Park.

Surface: Grass. Trail shoes recommended.

Facilities: Temporary toilets will be available near the start.

Kit: Unsupervised area to leave belongings around the start and finish.

Travel: Parking is available within the showground carpark - Broadhall Way, Stevenage, SG2 8RH. This is directly opposite Stevenage Football Club and the Lamex Stadium. What3Words: drip.sand.taped This is 1.1 miles from the train station.

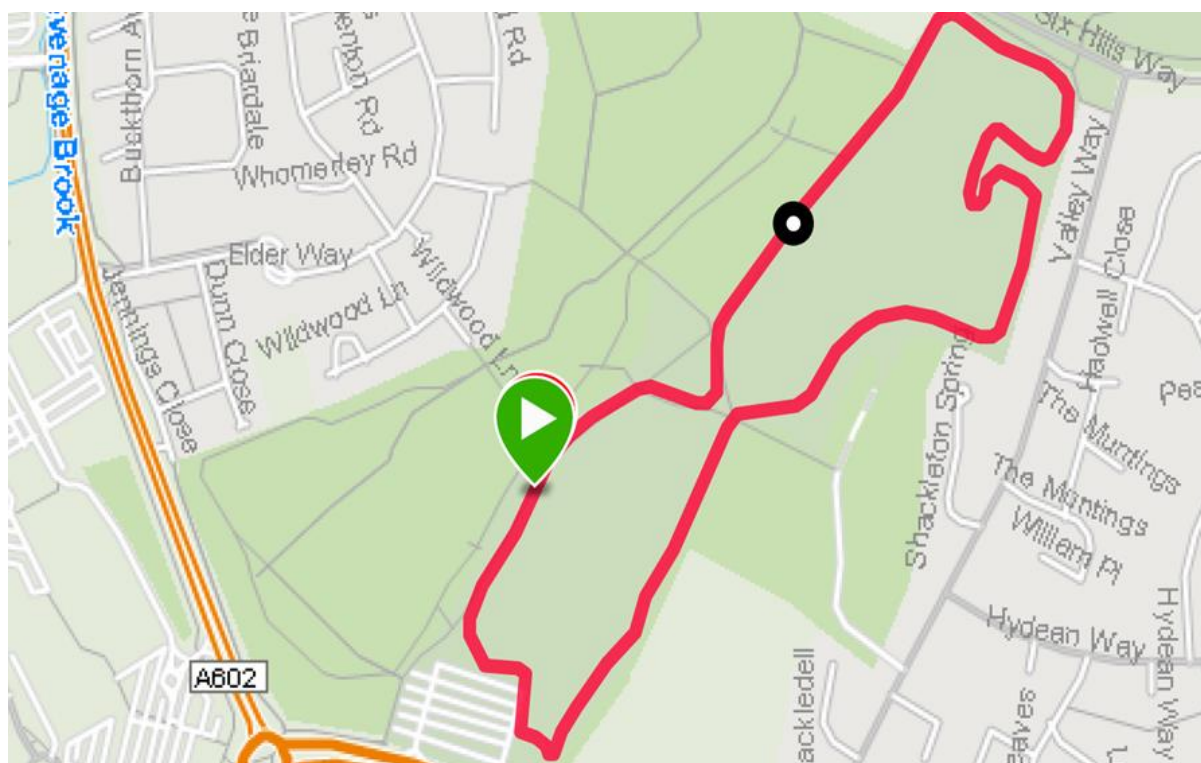
If you do intend to drive, please car-share as much as possible as there are not sufficient spaces for every runner to park a car.



Many thanks to all of our helpers and marshals who have been working hard to put this event on and **GOOD LUCK** to all of the runners, we hope you enjoy the course and have a great race!

There is a café the other side of the park that will be open between 10.00am – 4.00pm on Sunday: www.facebook.com/costellocafe/?locale=en_GB

Course Map:



Additional Notes:

- Please be aware that wearing headphones is not permitted. Runners will be disqualified.
- Please be mindful that this is a public park and we therefore share it with many other users – specifically cyclists and dog walkers.
- First aid will be present. Please report any issues to the nearest marshal who will call the first aiders and they will come to you.
- Please do not run if you have any symptoms of Covid or have any injuries.