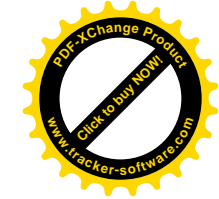




St Albans Striders Club Championships 2018/2019

Men's standings

**ST ALBANS
STRIDERS**



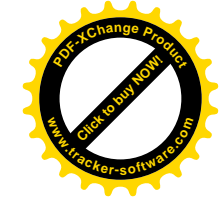
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		Hatfield 5 (25 Nov)	Keysoe XC (13 Jan)	Parliament Hill (26 Jan)	Berkhamsted HM (3 March)	MWRRL TBC (TBC)	St Albans 10k (August)	Great Bristol HM (15 Sept)	Standalone 10k (October)	Other champs races	Race volunteer	Mid Week	
1	Doug Hobson	47	48	49	44	41	48	44	47	120	70	0	473
1	Richard Evans	31	39	41	41	44	49	49	49	120	70	10	473
3	Tim Searle	41	46	42	37	34			45	120	70	10	445
4	Nigel Aston	40	43	43	40	35	40	42	42	120	70	0	440
5	Howard Bull		32		33	30	35	37	35	120	70	0	392
6	Gareth Parker	42		44				48	48	120	70	0	372
7	Jim King	46	45	47		46			46	60	70	0	360
8	Colin Braybrook	30	31	38			31		36	120	70	0	356
9	Gary Warren					42	47	46	43	120	50	0	348
10	Stephen Hosty	45	47	46	48	47				80	20	0	333
11	Jonathan Scott			50	49	48			50	120	0	10	327
12	Roger Sant	30				30	30	32	33	120	40	10	325
13	Steve Buckle	49	50			49		50		100	0	0	298
14	Calum Latham	37	38			30	36			120	20	10	291
15	Matthew Bedford	30			30	30	30	33		100	30	0	283
16	Errol Maginley	38			30	31	41		38	80	20	0	278
17	Seb Rowe	39	41	39			45			60	40	0	264
18	Richard Davis		42	40	36		38		41	40	20	0	257
19	Gareth Beavis		36	34		30	43			40	70	0	253
20	Max Campbell	32	35	35	32	30	30			20	30	0	244
21	Jonathan White	34			30	30	30	38		60	20	0	242
22	Stuart Middleton		34		34	30		41		60	40	0	239
23	Jim Hopkins	30				30	30		31	60	40	10	231
24	Spencer Grant	30				30	30	30	32	40	20	0	212
25	Paul Adams	50			50	50				40	20	0	210
25	Robin Newby					30		36	34	40	70	0	210
27	Jay A'Court					32	39		37	80	20	0	208
28	mark travers	30	30		30					40	70	0	200
29	Steve Eames				30	30		40	39	60	0	0	199
29	Alex Johnston	36						43		100	20	0	199
31	Ian Hirth	30		37		33		47		20	20	0	187
32	Richard Vaughan			33	30			34		40	40	0	177



St Albans Striders Club Championships 2018/2019

Men's standings

**ST ALBANS
STRIDERS**



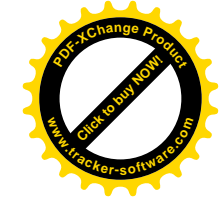
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33	Michael Jack		30	31						60	50	0	171
34	Andrew Maher				30		30			40	70	0	170
35	Mike Lancaster								45	80	40	0	165
36	Martin Halling		37							60	60	0	157
37	Derek Fowler		33		39					80	0	0	152
38	Dave Saunders	30		30			30			20	40	0	150
39	andy auld	43				40		44		20	0	0	147
40	Anthony Nicolson					30				80	20	10	140
40	Richard Derrick			30	30					40	40	0	140
40	Graham Smith									100	40	0	140
43	Joseph Dunn		49	48						40	0	0	137
44	Anthony Bunker			32						80	20	0	132
45	Chris Curran					30				80	20	0	130
46	MOHAMED Rabahi					45				60	20	0	125
47	Adrian Jones					30		31		20	40	0	121
48	Ben Scott	30				30				20	40	0	120
48	Peter Blackaller	30								20	70	0	120
50	Jordan Lister					36				60	20	0	116
51	Ian Simpson				30					60	20	0	110
51	James Harrison	30			30	30				20	0	0	110
51	Marcus Hooper					30				80	0	0	110
51	RobertP Davis					30				60	20	0	110
55	Matt Harrison					39				60	0	10	109
56	Adam Webster					37				60	0	10	107
57	Andrew Page	33				30				40	0	0	103
58	Daniel Swainsbury					30				60	0	10	100
58	Jonathan Redshaw				30	30				40	0	0	100
58	Malcolm Coakley					30				40	30	0	100
58	Richard Todd									40	60	0	100
58	Richard Underwood						30			0	70	0	100
58	Roger Murray	30					30			40	0	0	100
64	Daniel Langton							39		60	0	0	99



St Albans Striders Club Championships 2018/2019

Men's standings

**ST ALBANS
STRIDERS**



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65	Sean Boyd					38				60	0	0	98
66	Andrew Hull					30				40	20	0	90
66	Andrew Dobinson	30							30	0	30	0	90
66	Peter Blessing					30				60	0	0	90
66	Richard Butler					30				40	20	0	90
66	Soong-Kong Au-Yeong					30				40	20	0	90
66	Tony Barr	30								0	60	0	90
66	Steve Smith					30				60	0	0	90
73	Pablo Plaza Lastras	44			45					0	0	0	89
74	Darran Wilson				42		44			0	0	0	86
75	Tom Neill		44							40	0	0	84
76	Gregg Taylor					43				40	0	0	83
77	James Giffen				30		32			20	0	0	82
78	Andy Normile				30					0	50	0	80
78	Ivan Ghouse	30								0	50	0	80
78	Jonathan Poole	30					30			0	20	0	80
78	Luke Firmin									80	0	0	80
78	Matt Childs									80	0	0	80
78	Mike Dando				30			30		0	20	0	80
78	Steve Alexander									60	20	0	80
78	Oliver Knight									60	20	0	80
86	Richard Harry				43					0	30	0	73
87	Tony Thomson									20	50	0	70
87	Duncan Burgoyne									0	70	0	70
87	Gino Golluccio									0	70	0	70
87	Marc Phillips									0	70	0	70
87	Marc Stephens						30			40	0	0	70
87	Paul MOSTYN				30					20	20	0	70
87	Peter Clarke					30				20	20	0	70
94	Steven Cockrell			45						20	0	0	65
95	Antony Stivala	30			30					0	0	0	60
95	Jack Brooks									0	60	0	60



St Albans Striders Club Championships 2018/2019

Men's standings

**ST ALBANS
STRIDERS**



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95	Colin Egleton	30								0	30	0	60
95	Craig Dowie		40							0	20	0	60
95	David Worcester	30			30					0	0	0	60
95	giles bridger	30					30			0	0	0	60
95	Laurance Dine	30								0	30	0	60
95	Jonathan Milne				30			30		0	0	0	60
103	Ming Wang-Koh			36						20	0	0	56
104	Adam Mellor									0	50	0	50
104	Chris Williams									0	50	0	50
104	Gladstone Thompson	30								0	20	0	50
104	Jaimi Wallin					30				0	20	0	50
104	Jamie Sinclair						50			0	0	0	50
104	Luke Hart									0	50	0	50
104	Michael Reibschheid						30			0	20	0	50
104	Michael Donovan		30							20	0	0	50
104	Neil Johnson					30				20	0	0	50
104	Phillip Coates	30								0	20	0	50
104	Tony Brady-Locke					30				20	0	0	50
104	Bill Harding	30								20	0	0	50
104	James King				30					20	0	0	50
104	Paul Durbin	30								20	0	0	50
118	Mark Kennedy	48								0	0	0	48
119	JUSTIN PHILLIPPS				47					0	0	0	47
120	Gaetano Basiaco				46					0	0	0	46
120	Matthew Holman						46			0	0	0	46
122	Paul Schalker						42			0	0	0	42
123	Alec Campbell									40	0	0	40
123	Chris Wrighton									40	0	0	40
123	Edward Chaloner									0	40	0	40
123	Lewis Simpson-Jones									20	20	0	40
123	Matthew Jane									40	0	0	40
123	Phil Leach									20	20	0	40



St Albans Striders Club Championships 2018/2019

Men's standings

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STRIDERS**



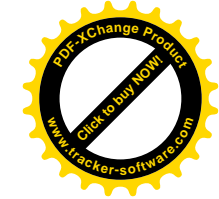
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123	Ray Marshall									40	0	0	40
123	Shane ryan									20	20	0	40
123	Alastair Green							40		0	0	0	40
132	Jacob James				38					0	0	0	38
133	Alan Proudfoot							37		0	0	0	37
134	Gwynfor Tyley				35					0	0	0	35
134	James Bromfield	35								0	0	0	35
136	John Cooper							34		0	0	0	34
137	Paul Geary							33		0	0	0	33
138	Nikolaus Fruhauf				31					0	0	0	31
139	Adrian Joseph	30								0	0	0	30
139	Chris Davies				30					0	0	0	30
139	Chris Edwards									0	30	0	30
139	Daniel Davies									0	30	0	30
139	Dave Skyrme									0	30	0	30
139	James Simpson							30		0	0	0	30
139	James Jenkins							30		0	0	0	30
139	Jim Miller				30					0	0	0	30
139	oliver davis							30		0	0	0	30
139	Paul Earnshaw		30							0	0	0	30
149	Chris Barr									20	0	0	20
149	Clive Pritchard									0	20	0	20
149	Colin Singleton									0	20	0	20
149	david Martin									0	20	0	20
149	David Prince									20	0	0	20
149	Ian Hider									0	20	0	20
149	James Allen									0	20	0	20
149	James Preston									0	20	0	20
149	Jim Simpson									20	0	0	20
149	Jon Elmer									20	0	0	20
149	Jonathan Earp									20	0	0	20
149	Jonathan Pennell									0	20	0	20



St Albans Striders Club Championships 2018/2019

Men's standings

ST ALBANS
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149	Jonathon Duggan									20	0	0	20
149	Joseph Steer									20	0	0	20
149	ken barclay									20	0	0	20
149	Mark Park-Crowne									20	0	0	20
149	Martin Medforth									0	20	0	20
149	Martin Crisp									0	20	0	20
149	Mike Bridge									20	0	0	20
149	Mike Jubb									20	0	0	20
149	Neil Mallon									0	20	0	20
149	Onil Biswas									0	20	0	20
149	Pat Higgins									0	20	0	20
149	Phillip Evans									20	0	0	20
149	Richard Sved									0	20	0	20
149	Richard Olney									0	20	0	20
149	Ross Macdonald									20	0	0	20
149	simon fraser									20	0	0	20
149	Jim West									20	0	0	20