

St Albans Striders Age-Graded Competition 2017/2018

Women's standings

ST ALBANS STRIDERS

Position	Member	Cat	Overall	Race 1 Hatfield 5		Race 2 Watford HM		Race 3 Chingford MWRRL		Race 4 Westminster Mile		Race 5 Welwyn 10k		Race 6 Robin Hood HM		Race 7 Ricky Road Run	
				Time	Age Grade	Time	Age Grade	Time	Age Grade	Time	Age Grade	Time	Age Grade	Time	Age Grade	Time	Age Grade
1	Anna Ward	FV35	79.47%	00:30:38	81.78%	01:28:11	77.00%							01:25:53	79.64%		
2	Wendy Walsh	FV45	78.94%			01:34:43	75.60%	00:43:37	76.75%	00:05:57	81.99%	00:42:53	78.07%	01:35:27	75.87%		
3	Zoe Lowe	FV45	77.90%	00:35:35	78.42%			00:45:10	77.72%			00:45:16	77.56%				
4	Jenny Maddocks	FV35	72.61%	00:33:55	72.65%	01:35:21	69.95%					00:42:55	72.00%	01:31:37	73.19%	01:09:03	73.50%
5	Nicky Laitner	FV45	71.71%	00:37:47	71.32%	01:41:57	71.87%					00:47:05	71.94%			01:15:58	73.88%
6	Caroline Bailes	FV45	71.42%	00:36:22	72.47%	01:41:44	70.39%	00:47:09	70.21%	00:06:45	71.39%						
7	Jen Conway	FSEN	71.21%					00:43:30	69.73%			00:41:55	72.37%	01:31:09	71.53%		
8	Laura Astley	FV45	70.04%	00:39:10	72.10%			00:53:35	67.16%					01:49:53	70.87%	01:23:13	70.83%
9	Shanti Johnson	FV45	64.58%					00:51:44	63.99%					01:49:53	65.17%	01:23:13	65.13%
10	Magda Bobon	FSEN	62.43%	00:39:04	62.09%	01:45:27	62.26%	00:49:54	61.07%	00:06:47	62.85%	00:49:00	62.18%				
11	Denise Tinant	FV55	60.74%	00:47:02	63.05%			01:03:06	60.01%					02:18:34	59.16%		
12	Claire Hobson	FSEN	60.33%	00:39:40	61.01%	01:48:56	59.85%	00:50:27	60.13%								
13	Katie Bunting	FV35	58.62%	00:41:25	60.90%	01:56:47	58.56%					00:56:08	56.38%				
14	Rachel Aldridge	FV35	57.82%	00:42:24	57.86%	02:00:31	55.08%	00:54:58	55.96%	00:07:18	59.41%	00:54:46	56.17%				
15	Magdalena Petrus	FV35	56.14%	00:44:01	55.22%	02:11:46	49.98%	00:56:07	54.44%			00:54:35	55.96%	01:55:03	57.24%		
16	Hannah Prentice	FV35	55.78%	00:42:44	57.20%	01:56:23	57.03%					00:57:56	53.10%				
17	Joanne Tang	FV45	55.29%	00:45:28	56.84%	02:13:44	52.99%	01:00:24	54.24%			00:59:48	54.78%	02:13:28	53.09%	01:45:27	50.86%
18	Gemma Searle	FV45	54.07%					00:57:20	53.15%	00:07:35	56.22%	00:57:39	52.85%				
19	Sue Edwards	FV45	52.69%	00:46:14	55.90%	02:19:11	50.91%	01:03:54	51.27%								
20	Linda Cassidy	FV45	51.08%	00:48:04	53.29%	02:29:41	46.45%	01:00:39	53.49%								
21	Isla Hopkins	FV45	50.01%			02:20:06	50.08%	01:04:52	50.02%			01:09:02	47.00%	02:21:55	49.93%	01:48:33	49.41%
22	Wai Meng Au-Yeong	FSEN	43.81%			02:31:47	43.06%	01:11:31	42.46%	00:09:15	45.90%						
23	Charlotte Holloway	FV35	41.30%			01:58:18	56.11%	00:56:50	54.13%	00:31:43	13.67%						
	Deirdre Heydecker	FV55	84.67%	00:36:37	86.43%	01:44:24	82.90%										
	Heather Hann	FSEN	77.96%	00:30:57	78.27%	01:24:10	77.66%										
	Claire Kremer	FV35	74.82%					00:42:18	74.82%								
	Helen Cartlidge	FV35	73.21%	00:33:25	74.51%							00:43:26	71.90%				
	Judy Willits	FV45	72.58%					00:47:47	72.58%								
	Rachel Brown	FSEN	72.31%	00:33:28	72.31%												
	Fleur Harvey-Keenan	FV45	71.71%					00:46:41	71.71%							01:16:12	72.78%
	Katherine Caris-Harris	FV45	71.61%	00:36:26	71.61%												
	Eileen Sindole	FV55	70.17%											02:05:05	70.17%		
	Alison Ryan	FV55	69.14%					00:52:42	69.14%								
	Rose McGinness	FV45	69.07%	00:39:08	70.47%			00:51:53	67.66%								
	Kate Webb	FV45	68.63%			01:41:18	68.63%										
	Donna Irwin	FV35	67.26%					00:47:49	67.26%								
	Lynn Grover	FV55	66.90%							00:08:34	66.90%						
	Linda Powell	FV45	66.43%	00:41:31	66.43%												
	Emma Jardine	FSEN	66.39%			01:40:19	64.99%	00:44:45	67.79%								
	Julianne Nightingale	FV45	66.12%					00:50:38	66.12%								
	Christine Ferguson	FV55	65.83%			02:01:20	65.83%										

St Albans Striders Age-Graded Competition 2017/2018

Women's standings

ST ALBANS STRIDERS

Position	Member	Cat	Overall	Race 1 Hatfield 5		Race 2 Watford HM		Race 3 Chingford MWRRL		Race 4 Westminster Mile		Race 5 Welwyn 10k		Race 6 Robin Hood HM		Race 7 Ricky Road Run	
				Time	Age Grade	Time	Age Grade	Time	Age Grade	Time	Age Grade	Time	Age Grade	Time	Age Grade	Time	Age Grade
	Rachel Dixon	FV35	64.58%					00:48:22	64.58%								
	Emily Eldred	FSEN	64.47%									00:47:03	64.47%				
	Zoe Makepeace	FV35	64.05%					00:49:25	64.05%								
	Shusanah Pillinger	FV35	63.40%			01:52:04	61.03%	00:48:07	65.77%								
	Linda Green	FV45	62.60%			01:58:27	62.60%										
	Carole Jack	FV45	62.48%			02:01:35	62.48%										
	Kate Burn	FV35	62.16%	00:37:39	64.93%												
	Hollie Ryder	FSEN	61.82%														
	Jo Puttock	FV45	61.81%														
	Kate Tettmar	FV45	61.68%	00:42:18	61.68%												
	Carol Ransom	FV45	61.38%														
	Jean Webb	FV55	61.37%	00:51:40	62.08%			01:07:45	60.67%								
	Katie Chilton	FV55	61.14%			02:08:59	61.14%										
	Jennifer Johnston	FV35	61.09%					00:50:35	61.09%								
	Suzi Wegenek	FV45	60.54%	00:41:22	61.93%			00:54:21	59.16%								
	Ruth Kent	FV35	60.02%			01:48:56	60.93%					00:52:16	59.12%				
	Alison Campbell	FV45	59.22%			02:08:17	59.22%										
	Alison Massey	FV35	58.66%							00:06:58	62.25%	00:55:52	55.07%				
	Heidi Collocott	FV35	58.39%											01:55:31	58.39%		
	Sheryl Norman	FV55	58.39%	00:48:57	58.39%												
	Alice Clilverd	FV35	58.24%			01:53:04	58.24%										
	Helena Garrick	FSEN	56.50%			01:55:54	56.50%										
	Amy Heap	FSEN	54.89%			02:04:05	52.55%							01:53:55	57.23%		
	Binh Tang	FV35	53.87%	00:45:14	55.76%												
	Nicki Francis	FV45	53.19%	00:49:33	53.19%												
	Helen Hawthorne	FV45	51.61%					01:06:25	51.61%								
	Jean Lee	FV35	51.26%					01:00:01	51.26%								
	Jenna Pickering	FSEN	41.97%			02:31:52	43.12%							02:40:26	40.82%		
	Michelle Martin	FV35	33.77%							00:13:10	33.77%						