



# ROYSTON RUNNERS



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## **2023 Sunday Cross Country League Royston Runners Event at Therfield Heath, Royston**

**Sunday, 12 March 2023. 10:30 Start.**

**Permit Number CC2023/0795**

**Race HQ** The Heath Sports Club, Baldock Road, Royston, SG8 5BG

Closest post code is SG8 5BJ. (Post code for The Heath Sports Club locates the venue at the nearby golf club)

**Directions** Please refer to map below. You can get to Therfield Heath from the A505, A1198 or A10.

**Car sharing – Please car share where possible.**

**Parking – please follow the instructions of the marshals wearing yellow tabards.**

Car parks are indicated on the Royston Runners Cross Country Route map

- **Car Park 1** – will be filled first.
- **Car Park 2** – will be used when Car Park 1 is full. Marshals and signs will be visible to direct you to the area.

### **Train**

Royston is on the Kings Cross/St Pancras to Cambridge/Ely/Kings Lynn line. The Heath is a 15 minutes walk from the station. Please check Sunday service carefully before leaving.

**Facilities** - There will be temporary toilets **and urinals** onsite for runners to use. Please use these. Refer to the Royston Runners Cross Country Route map for their location. Please do not use the toilets in The Heath Café as these are for patrons of the café.

Refreshments and bar are available in The Heath Café.

**Please be aware that rugby matches and training sessions will be taking place in the area between the race start/finish and The Heath Cafe. Please DO NOT walk through this area and disrupt training sessions.**

Space for team's gazebos is indicated on the Royston Runners Cross Country Route map

**Water** – Will be available at race HQ.

**Please note that all muddy footwear must be removed before entering The Heath Sports Club cafe, especially spikes. Please help us to maintain good relations with the cafe by adhering to this request!**

