Chiltern League Match 5: Oxford Horspath Sports Ground Saturday 10th February 2024 Hosted by Oxford City AC

COURSE CONDITION - The routes have been very muddy but are currently drying out. Either 12mm spikes or trail shoes are recommended and some may wish to use duct tape.

The **Running Track itself is out of bounds** – so please no warming up on the track in any footwear and **only use the marked crossing paths to access Tent area**.

MARSHALS – we will provide a small crew of club volunteers as marshals, but as in past years we will be expecting a handful of marshals from other clubs to supplement our volunteers. Will volunteers report to John Exley at the track at 10.45am at Race HQ near 200m start point.

FIRST AID - will be available both at the track and around the course if necessary.

PARKING – all runners <u>must park at the BMW factory</u>, via Gate 7, directly off the Horspath Road, and walk down the road to the Horspath track. See map. There is not sufficient parking at the stadium, and we share this with the neighbouring rugby club, so it fills up very rapidly.

TENTS – club tents can be erected on the track infield. Team managers bringing tents can park at Horspath stadium. Car Park marshals will allow them in, but will direct all other traffic to BMW parking. Officials can also park in the Stadium car park.

COURSE MAPS - will be on display in the entrance to the club house

TOILETS – we will have portable toilets alongside the tent village, and there are further toilets in the clubhouse.

HOT AND COLD REFRESHMENTS are available from our club café upstairs.

CHANGING – there isn't room for people to change in the clubhouse, so runners should use their club tent to change.

PRESENTATIONS – There will be no Presentations for the season at the end of this fixture. The trophies and medals will be given to Clubs as soon as possible. We hope to publish provisional results on Sunday 11th.

START AND FINISH AREA – is in the field adjacent to the track. This is also likely to be quite muddy at present, but it is easily accessible from the tented area.

TIMETABLE

11.30	Under 11 girls	11.45	Under 11 boys
12.00	Under 13 girls	12.15	Under 13 boys
12.30	Under 15 girls	12.45	Under 15 boys
13.00	U17 & U20 Ladies	13:30	Senior Men
14:30	U17 Men	14:35	Senior Ladies

PLEASE DON'T GO ON THE RUNNING TRACK & ONLY USE CROSSING POINTS & STAY ON MATS NO SPIKES OR MUD NEAR THE TRACK

OXFORD CITY ATHLETICS CLUB COMPETITION CAR PARKING

USE BMW PLANT CAR PARK. ENTER VIA GATE 7 ON HORSPATH ROAD AND PLEASE PARK IN MARKED BAYS

