Chiltern League - Match 3 - Saturday 2nd December 2023

Venue: Stopsley Common, St. Thomas's Rd, Stopsley, Luton LU2 7UX

Parking: There are 3 hardstanding areas all within 100m of the start. If you intend to leave early it is recommended that you use the school parking opposite the park entrance, as the roads within the park are narrow. Please avoid the grass areas around the pavilions which subject to weather will be for officials only. **All gates to the school and park will shut automatically at 4.30pm** so if you visit the local pub afterwards, please take your car with you.

First Aid: St John 's ambulance will be based in the middle pavilion and mobile staff around the course.

Refreshments: A retail refreshment van will be available for food and drink.

Declarations: All declarations must be finalized on your portal by 6pm on the day of the race. Athletes should use the same number throughout the season. Lost/forgotten numbers can be replaced for a £5 charge.

Toilets: Portable toilets are provided. There are additional toilets, changing and showering facilities in the three pavilions.

The Course: This is an essentially flat grassland course with one short hill. There has been one slight alteration from previous years which does not affect the distances.

Marshals: Volunteer marshals please meet at the Luton AC tent at 11.00am.

Contact: <u>alan.daglish@ntlworld.com</u> for further information.

Routes to Stopsley Common – entrance is opposite Stopsley High School

<u>From the M1</u> – Leave the M1 at J10 and follow the signs to the Hitchin. Crossing the traffic lights on Airport Way, take the right-hand lane, sign posted Hitchin (A505). At the fourth round- about turn right, keep to the left and take the next left into Stopsley village. At the War Memorial turn left into St. Thomas's Road and follow through to the common entrance.

From Hitchin (A505).

Turn right off the A505 into Stopsley Village. At the War Memorial turn right into St. Thomas's Road and follow through to the common entrance.

From Bedford (A6)

Approach Luton town centre, turn left into Stockingstone Road (cricket ground in front of you). At the top of Stockingstone Road filter left onto Hitchin Road. Follow Hitchin Road to the round-about keep to the left and take the next left into Stopsley village. At the War Memorial turn left into St. Thomas's Road and follow through to the common entrance.